

The Skyroom RESTAURANT

Monday 11th

Italian Chicken (GF,DF)
Pasta with Mushrooms, Almonds & Leeks (Veg)
Vegetable Lasagna (Veg)
Normandy Blend Vegetables (GF,DF,Veg)

Tuesday 12th

Korean Style Short Ribs (GF,DF)
Noodles with Butternut Squash & Mushrooms (DF,Veg)
Steamed Rice (GF,DF,Veg)
Stir Fry Vegetable Blend (GF,DF,Veg)

Wednesday 13th

Haitian Pork Griot (DF)
Polenta with Spinach, Tomato, and Avocado (GF,Veg)
Red Beans & Rice (GF,DF,Veg)
Biscayne Blend Vegetables (GF,DF,Veg)

Thursday 14th

Chicken Marengo (GF)
Mushroom Ragout (GF,Veg)
Braised Potatoes (GF,DF,Veg)
Steamed Broccoli (GF,DF,Veg)

Friday 15th

Australian Whitefish with Garlic-Lemon Butter (GF)
Charred Carrots with Goat Cheese (GF,Veg)
Mashed Potatoes (GF,Veg)
Roasted Butternut Squash (GF,DF,Veg)

September 11th-15th 2017